



Allergen Book 2024

We handle multiple allergens in our kitchens and cannot guarantee any item is allergen free.

✓ Denotes "Contains Allergen" * Denotes " May Contain Allergen"

Allergen Book 2024	kcal	Cereals Containing Gluten						Soya	Nuts	Peanuts	Sesame	Milk	Eggs	Fish	Crustaceans	Celery	Sulphur Dioxide & Sulphates	Mustard	Molluscs	Lupin
		Wheat	Rye	Barley	Oats	Spelt	Kamut													
Department: Chips																				
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Department: Pizza																				
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Department: Kebabs & Pittas																				
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Department: Wraps																				
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Department: Burgers																				
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Department: Chicken																				
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		✓						✓			✓	✓			✓			✓		
Department: Fish																				
		✓						*						✓						
		✓						*					✓							

Department: Sides																		
Potato Pucks		*															*	
Chilli Cheese Bites		✓		✓								✓						
Plain Sausages		✓											*				✓	
Battered Sausage		✓						✓				✓	*	*			✓	
Onion Rings		✓						*						*				
Chicken Nuggets		✓						✓				*	*				✓	
Spice Burger		✓						✓										
Battered Burger		✓						✓				✓	✓					
Department: Desserts																		
Baked Cookies		✓						✓	✓	✓		✓	✓					
Vanilla Shake								*				✓	*					
Chocolate Shake								*				✓	*					
Strawberry Shake								*				✓	*					
Oreo Shake		✓						✓				✓	*					
Biscoff Shake		✓						✓				✓	*					
Double Crumb Shake		✓						✓				✓	*					
Department: Sauces																		
Mayonnaise													✓					✓
Ketchup																		
Garlic Sauce													✓					✓
Chilli Sauce													✓					✓
Kebab Sauce													✓					✓
Taco Sauce													✓					✓
BBQ Sauce																		
Curry Sauce		✓						*				*	*				✓	✓

Additional Allergen Information

We produce our food in kitchens where allergens are handled by our people, and where equipment and utensils are used for multiple menu items, including those containing allergens. While we try to keep things separate, we cannot guarantee any item is allergen free, even after ingredients have been removed on request.

Please note:

- Our buns, rolls and tortilla wraps are toasted in the same toaster as buns topped with sesame seeds.
- Due to the handling of cheese we cannot guarantee our products do not contain traces of milk, including where a request has been made to remove cheese from an order.
- All of our fried foods, are fried in the same oil.
- Delivery orders: we also cannot guarantee your meal will not come into contact with other allergens during delivery. Couriers may transport other Romayo's orders or orders from other businesses at the same time as your Romayo's order.

For any further information please contact our Customer Services Team by email info@romayos.ie

✓ Contains indicated allergen

* May contain traces of indicated allergen (presence cannot be excluded)

Some menu items may not be available in all restaurants; test products, test formulations or regional items have not been included. This listing is updated regularly in an attempt to reflect the current status of our products and may vary from other printed materials in the restaurant. All information on this leaflet is subject to change without notice.